

Visitor regulations

The visitor regulations govern the visitor modalities for patients within the Rostock Clinic for Forensic Psychiatry, in addition to the house rules and ward regulations.

Taking into account the visitor modalities, the following regulations have been created with the request to observe the instructions and to follow the instructions of the clinic.

Rules:

1. Visitors are required to prove their identity before entry with an official document.
2. The number of visitors is usually limited to three.
3. The number of visits is usually limited to two visits per week with a duration of 120 minutes (including room cleaning) per visit.
4. Children and adolescents under the age of 16 are only allowed to visit with the permission of the responsible doctor, and only if accompanied by a parent or guardian (or another person with authorized by them). During the visit children or adolescents must remain under the supervision of the parent or guardian.
5. Visits should usually be announced by the patient to the ward one week in advance, and never later than 3 days prior to the visit.
6. See attachment for information on bringing items in.
7. Visitors should arrive at the outside gate approximately 10 minutes prior to the appointment and register through the call system.
8. Visitors and items brought in will be searched. Items that are prohibited in the clinic (see attachment) must be locked in one of the lockers provided, upon entrance. No prohibited items should be brought in to the patients.
9. Any allowed items to be brought to patients must be locked up and will be given to the patient by a staff member after the end of visit.
10. It is pointed out that according to §323 b of the Criminal Code the endangerment of a withdrawal treatment (*who knowingly provides or gives alcoholic beverages or other intoxicating substances to someone, who is accommodated in an institution on the basis of an official order or without his consent for a withdrawal treatment, without the permission of the director of the institution or his representative, or induces him to consume such substances*) can be punished with a prison sentence of up to one year or a fine. Attention is also drawn to the New Psychoactive Substances Act, which prohibits the trade, marketing, manufacture, import, acquisition, possession and administration of new psychoactive substances ("legal highs", such as "Spice").
11. Visits take place exclusively in the assigned area. It should be noted that

smoking and cooking are prohibited in these areas.

12. Visitors will be turned away if alcoholization or drug intoxication is suspected.
13. Visitors must behave in such a way that the purpose of the detention, safety and orderly coexistence are not endangered. The instructions of the staff are to be followed.
14. Visits may be prohibited, restricted, monitored or terminated.
15. Supervision of visits by staff may be ordered. Visits by a person's defense team may not be prohibited or monitored. Likewise, visits by legal representatives or attorneys, or notaries acting in a patient's case may not be prohibited. Documents carried by these persons shall not be checked for their content.
16. Court orders may restrict patients visits.

Exceptions to the above rules (e.g. extending the number of visitors or visiting hours for special situations) may be requested from the treatment team.

The staff on duty is available to answer any further questions.

Date: Name in block letters: A first-time visitor's signature

1. _____

2. _____

3. _____

Print form in duplicate and have it signed!
1. printout to be given to the visitor
2. printout to be attached to the visitor's application form

Appendix: Visitor rules and Packages

Prohibited items

Air freshener
Anabolic steroids and non-prescribed medications
Alcohol containing foods
Aroma capsules for the enhancement of the smoking experience
Beverage cans and glass bottles
BIC lighters, clipper lighters with stuffing element
Intoxicating preparations (drugs, "legal highs", alcohol, etc.)
Ceiling fans
Deodorants (roll-ons) containing alcohol
Digital picture frames
Electric heating panels
Electric heaters
Flammable liquids
Foods are restricted (no sugar, foods or luxury foods in tubes, beverage cans, nuts or sunflower seeds with shells, home-made or home-baked foods [exceptions may apply on special occasions], fast food, hollow chocolate bodies or filled calendars, frozen foods, conditional: vacuum-sealed plastic packaging – see below "You are welcome to bring ...")
Jewellery
armour chains or other heavy necklaces
Lava lamps
Photographic, video or sound recording equipment
Picture frames with glass
Plants that are not potted on plant pellets
Radiocommunication equipment of any kind (except remote control for approved equipment)
Remote controlled models
Sweetener in tablet form
Tablets or powder (e. g. protein powder)
Tattoo or engraving devices
Tea lights and open flame candles
Tools of any kind
USB removable storage media
Walky-talky devices
Weapons or weapon-like items or models of weapons

You are welcome to bring without authorization

- 500g of coffee or coffee extract
- 250g of tea or tea extract
- Foods or luxury foods that are not subject to the previously listed restrictions and are contained in transparent original packaging, otherwise opening of the original

- packaging in front of staff is required (e.g. crisps bags, coffee / tea packages)
- Nuts or sunflower seeds without shells
 - Hygiene items under the previously listed restrictions
 - Toothpaste in sealed tubes only
 - Alcohol free deodorants or perfumes (in spray form without flammable symbol)
 - Clothing new or in clean, washed condition
 - Detergent and fabric softener
 - Books and magazines (no content glorifying violence, sexist or against the freedemocratic basic order), licensed and originally sealed CDs, DVDs or Blue Rays (up to FSK16)
 - 200g of pipe or cigarette tobacco with cigarette paper
 - 200 cigarettes or 50 cigars or 80 cigarillos
 - 1 pack of cigarette tubes
 - 1 cigarette stuffer

If you consider bringing tobacco products to your relative or friend, please consider that smoking is not only bad for one's physical but for one's mental health. You might want to encourage your relative or friend to stop smoking and ask our professionals for help. We support patients who want to quit smoking, e. g. through counselling, information material and nicotine replacement products.

Gifts of money are usually to be given to patients via the responsible nursing staff. Gifts that are not listed above must be approved in advance by means of an application. The application is to be made by the patient via nursing staff.